

## Memorizing Your Speech

Memorizing takes time, so don't put it off until the last minute. Below are two methods from author Patrick Magee. His website, [www.BrainDance.com](http://www.BrainDance.com), is a great resource.

- Read your speech out loud at least twice a day, preferably first thing in the morning and last thing before bedtime, when you have no distractions. (When you say it aloud, it uses three of your five senses: hearing, speaking and seeing.)

- “Chunk” your speech: Divide it into 30-second to one-minute sections and memorize each section separately. Here's how:

1. Review your notes for a few moments.
2. Deliver that portion of your speech from memory.
3. Refer to your notes to see if you left out anything.
4. Deliver the chunk again from memory.
5. Review periodically by repeating steps 1-4.

## Tongue Twisters

Tongue twisters are fun and help your enunciation. Use them to warm up before the contest. After you try the ones below, make up your own and ask a friend to say them.

- A skunk sat on a stump and thunk the stump stunk, but the stump thunk the skunk stunk.
- Six thick thistle sticks. Six thick thistles stick.
- Which witch wished which wicked wish?
- Shy Shelly says she shall sew sheets.
- Give Papa a cup of proper coffee in a copper coffee cup.
- Six short slow shepherds.

- Repeat these short twisters:

- 1) Unique New York; 2) Toy boat; 3) Red lorry, yellow lorry; 4) Please pay promptly; 5) Three free throws; 6) Knapsack straps; 7) Peggy Babcock

